

School Based Programs

T.E.A.M.

(Together Everyone Achieves More)

- High School Focused
- Who Am I?
- I Statements and How They Promote Ownership

6-One Hour Weekly Sessions /
Group Size Max 15



Leadership Workshop

Develop skills to be a leader on your school campus. Help those kids who are under-valued by peers and /or struggling with the challenge of peer pressure.

Jr. High - High School / ASB / Teams / Clubs

Caregivers' Workshop

Caring for others is an important role; take this opportunity to refresh and reintroduce your own self-care. Work alongside Mental Health Professionals, Equine Specialists, and our Herd.

Bully In The Barn

Program begins with Parent Night

Each Session Includes:

- Content Sharing
- Equine Experiences
- Expressive Arts
- Interactive Discussion
- Journaling

Program includes pre-evaluation and post-evaluation tools for students and teachers as well as a closing celebration.

Anti-Bullying School Program

Nurtures empowerment through appropriate conflict-resolution. Assists students in exploring appropriate and assertive communication. Engages students in developing anger management skills. Explores and strengthens self-care skills. Assists students in recognizing the importance of embracing differences. (K-8 Students)

Youth Ranch Crew

- Learn Horse Grooming and Stall Maintenance
- Develop Leadership Skills
- Practice Social Skills in Safe Environment
- Establish New Friendships
- Develop Work Ethic
- Ages 8 - 18
- Collect Community Service Hours

Fee Information Available Upon Request

Equine Based Activities to Improve Mental Well-Being

Teen Issues...

Being a teen nowadays brings with it many different hurdles to deal with. Using horses, our staff will target peer pressure, stress, bullying, building confidence and more.

2-Monthly Sessions: Sunday Mornings

Special Kids...

Those youngsters who have been identified with special needs work with our team to develop Communication and Social Skills.

2-Monthly Meetings: Sunday

Sibshops is about connecting with those that have siblings with special needs. Interact and foster a support system with kids that have similar struggles.

2-Monthly Meetings:
Sunday

